



Bellringer

November 2024

Instead of telling you what to believe, we thought you might have a few ideas of your own



November Theme

Living Love Through The Practice Of: REPAIR

November 3: TED-Style Talk: Why do we celebrate incompetent leaders? | Martin Gutmann | TEDxBerlin

In this TED TALK, Management historian Martin Gutmann challenges us to rethink what great leadership looks like. While we tend to celebrate those with a proclivity for action and brash words, great leaders are often precisely those who don't need to generate excessive noise or activity. To make this point, Gutmann draws on contemporary research and historical examples, including the famed but disaster-prone Ernest Shackleton. Service by Brian Warren & Lynda Garvin

November 10, 10:50 AM "A Tour of Mozart Music"



Join Zafer Deeb, Bob Perry and Lynda Garvin as they present "A Tour of Mozart Music". A glimpse of Mozart's short life in history and some of his prolific Music compositions. Mozart wrote some 600 to 800 pieces of music, some are short use of one instrument which later he would include in one of his larger compositions; some are big for a full Orchestra or the Requiem Mass.

Please join us early so you won't miss any of the music videos, showing famous world-class orchestras. Viewing will start at **10:50AM**. Being on time will be appreciated very much so others will enjoy the continuity, and we can finish in one hour. There is so much music to play.

The service will end with Bob Perry's interpretation of one Mozart music piece and some Austrian snacks served with coffee and tea.

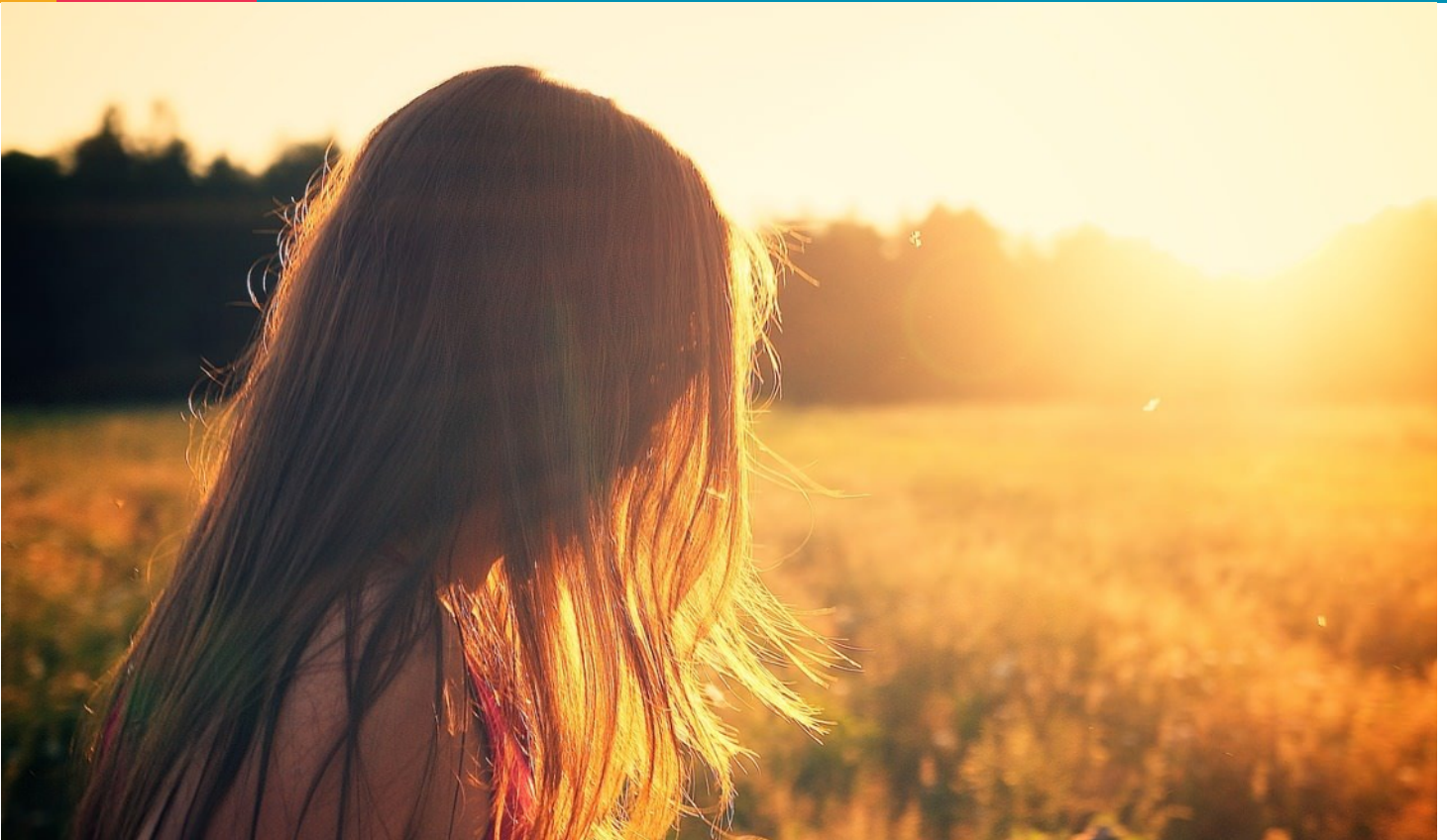
If you liked the Tour of Historical Syria service, you may like this one. It combines the same elements of history, beautiful pictures, orchestras and Mozart's music.

November 17: Expanding on the monthly theme of Repair, Linda Rich will be discussing the topic of **Love and Practicing Repair**. Please join us for this enlightening service and learn how love can be used to facilitate repair.

November 24: Despite the dangers of the modern age, many people today are living longer lives, mostly due to medical science. Our understanding of the universe, though still miniscule, is a million fold what it was only two centuries ago. In short, I am thankful that I'm living now and not then. Speaker: Bob Mulkins. Moderator: Fran Mulkins



Religious Education



OUR RE THEME FOR NOVEMBER IS REPAIR

November 3: In this last Sunday before the election, our theme is "Democracy: the Tool to Repair Not Having a Say". We'll be discussing why it's important to use our voices and about other ways of making ourselves "heard". We'll discuss what issues are important to our students and then make our own Protest Posters. Our Story for All Ages is "Speak Out Maria Cook". Marianna Carney and Sheryl Chow will facilitate.

November 10: Intergenerational Service A Tour of Mozart Music: Join Zafar, Bob Perry and Lynda Garvin as they presenting "A Tour of Mozart Music". A glimpse of Mozart's short life in history and some of his prolific Music compositions. Viewing will begin at **10:50 am**.

November 17: Our theme today is "Kindness: The Tool to Repair Meanness" and our Story For All Ages is the parable, "Cookies, Kindness and More Cookies". We'll talk about the impact of choosing kindness and practice it by handing out cookies that we've made in class. Emily Williams and Sheryl Chow will lead.

November 24: Please join us out next drum circle, where we will explore the value of truth-telling to help us repair lies, using the example of learning the historical truth of the first Thanksgiving vs. what we've been told for many years--and how knowing the truth can inspire us to a more authentic future, while still allowing us to celebrate the annual national holiday.

Teaser: Prepare to do a little water drumming! What is that? You'll find out!



Programs/Meetings



Adult Programs

Meeting type - whether in person, Zoom only, or both - is noted below. Active links for Zoom meetings are published in the weekly e-Bellsound.

Sundays

Meditation with Mudras: November 24: 12:15-12:45 pm (in person). Mudras bring meditation practice into the body with accessible hand positions and movement. They calm the mind, relax and empower the body and spirit. Facilitated by Emily Williams. All are welcome.

Mondays

SpiritSong for Resilience and Transformation: November 25, 7-8 pm. Join Mary Grigolia on a spiritual journey of being and becoming, change and healing, using three songs by Mary, interspersed with self-reflection, journaling, and sharing. No need to read music or be a confident singer. Suggested donation \$15. In person at Centering Space, 14812 Lake Ave., Lakewood, OH. For information, contact Mary: 216-402-3438, mary@marygrigolia.com

Wednesdays

Monthly UU Poetry Group: (3rd Wednesdays) November 20, 2-3 pm (Zoom). Poems to Live By, Poems to Wake Us Up. Bring a poem or two that speaks to your heart or our times. Come to listen. All are welcome.

Thursdays

Deepening Circles Meditation: Meeting on November 7, 14, 21, 28. 10:30-11:30 am EST (Zoom). Our fall gatherings start! In this time of rising hope for democracy and continuing threat and

disinformation, we'll start with two readings from Pema Chodron's "Comfortable with Uncertainty" 1. The Love that Will not Die, and 2. The Healing Power of Bodhichitta. All are welcome. No previous experience required. We read the book together. Led by Rev. Mary. Suggested donation \$15.

Wisdom of Dreams: November 7, 1:30-2:30 pm (Zoom). Bring a dream (or dream image) to share. Explore the messages, meanings and metaphors, wisdom and humor of dreams. All are welcome.

WISE Women (Women-in-Spirit-Evolving) (3rd Thursdays) November 21, 1:00-2:30 pm, Exploring spirituality in the second half of life, women reflect and share in response to this month's theme: Repair. Please join our circle of trust, connection, growth and transformation. (in-person and Zoom)

Committees & Teams

Sunday Services Committee: Sunday, November 10, 12:30 pm to reflect on past services and plan upcoming services. All are welcome.

Board of Trustees: Wednesday, November 13, 6:30 pm (Zoom). All are welcome.

OUC & OUUF Adult Program Teams: Thursday, November 21, 4-5 pm (Zoom). Update current programs, envision and plan new ones.

Oberlin Programs

Men's Covenant Group: Mondays, November 4, 11, 18 & 25 at 7 pm. In person at Oberlin UU & Zoom. Contact donleake087@gmail.com for information.

What Would Jesus Do? Wednesday, November 27, 7 pm (In person at Oberlin UU & Zoom). This covenant group focuses on returning to the heart of Jesus consciousness and Christian renewal within Unitarian Universalism.



November Calendar

Zoom Meeting Type is noted below. Active links for Zoom meetings are published in the weekly e-Bellsound. If no meeting type is listed, the event is in person.

All Sunday services, religious education and coffee hour are in person unless otherwise noted.

Sunday, November 3

- 11:00 Sunday Service
- 12:00 Coffee Hour

Monday, November 4

- 7:00 OUUC & OUUF Men's Covenant Group
(In person at Oberlin UU & Zoom)

Thursday, November 7

- 10:30 Deepening Circles Meditation (Zoom)
- 1:00 Wisdom of Dreams *(in person & Zoom)*

Sunday, November 10

- 11:00 Sunday Service
- 12:00 Coffee Hour
- 12:30 Sunday Services Committee Meeting
(in minister office)

Monday, November 11

- 7:00 OUUC & OUUF Men's Covenant Group
(In person at Oberlin UU & Zoom)

Wednesday, November 13

- 6:30 Board of Trustees (Zoom)

Thursday, November 14

- 10:30 Deepening Circles Meditation (Zoom)

Sunday, November 17

- 11:00 Sunday Service
- 12:00 Coffee Hour *(In person)*

Monday, November 18

- 7:00 OUUC & OUUF Men's Covenant Group
(In person at Oberlin UU & Zoom)

Wednesday, November 20

- 2:00 Poems to Live By (Zoom)

Thursday, November 21

- 10:30 Deepening Circles Meditation (Zoom)
- 1:00 WISE Women *(In person & Zoom)*
- 4:00 Adult Programs Team (Zoom)

Sunday, November 24

- 11:00 Sunday Service
- 12:00 Coffee Hour *(In person)*
- 12:15 Meditation with Mudras *(in-person)*

Monday, November 25

- 7:00 OUUC & OUUF Men's Covenant Group
(In person at Oberlin UU & Zoom)
- 7:00 Spirit Song *(In person at Centering Space, 14812 Lake Ave., Lakewood, OH)*

Wednesday, November 27

- 7:00 What Would Jesus Do? *(In person at Oberlin UU and Zoom)*

Thursday, November 28

- 10:30 Deepening Circles Meditation (Zoom)

Deadline for the December issue of the Bellringer is Sunday, November 24.

OLMSTED UNITARIAN UNIVERSALIST CONGREGATION

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